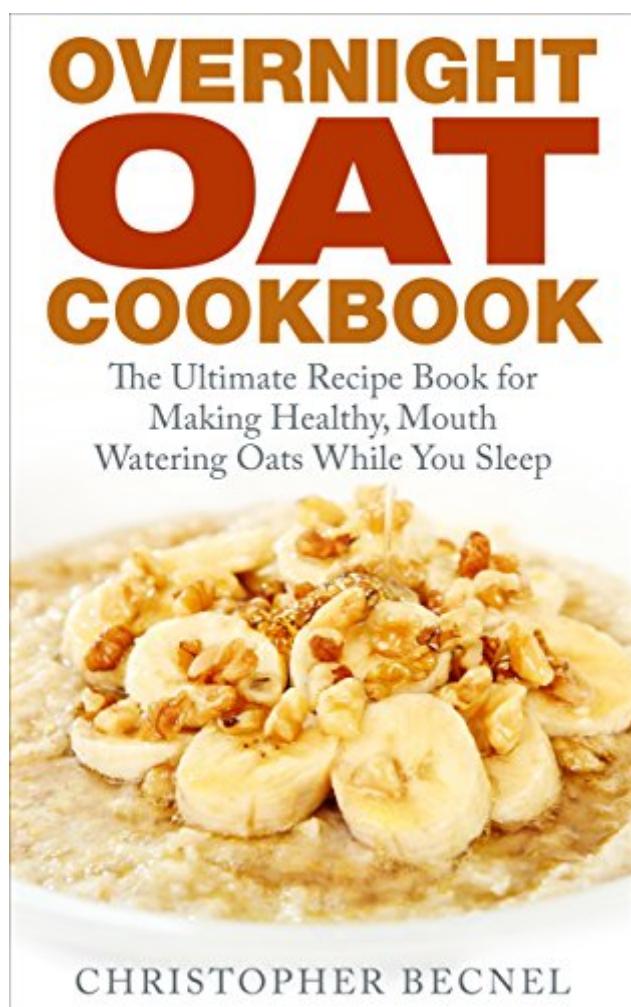


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# Overnight Oat Cookbook: The Ultimate Recipe Book For Making Healthy, Mouth Watering Oats While You Sleep



## **Synopsis**

Overnight oats are the perfect solution for busy people who would like a hearty breakfast in the morning but just don't have time to make one. The great thing about overnight oats is that you can just stay up a few minutes later at night and have a delicious breakfast to wake up to in the morning! These oats soak in a liquid of your choice overnight and can be eaten hot or cold in the morning. There are so many flavor combinations you'll never get sick of having them in your refrigerator! Recipes You Will Discover Inside: Chocolate Banana Overnight Oats, Chocolate Chai Pudding, Cherry Almond Oatmeal, Apple Cinnamon Overnight Oats, Blueberry Lemon Oats, Cocoa Pomegranate Overnight Oats, and Pumpkin Fall Oats. Would You Like To Know More? This book contains exactly what you need to wake up to a pre-made healthy breakfast each morning. Stop making runs to the coffee shop for sugary sweets and try some overnight oats instead! Your body will thank you. If you are ready to start waking up to delicious breakfasts then scroll up and grab your copy of *Overnight Oats Recipes*.

## **Book Information**

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## **Customer Reviews**

I love this book I have learned so many new healthy recipes...I have a family of 6 so eating healthy on a budget isn't easy...thanx to this I'm able to feed my family healthy and still stay in my budget

This book has some really great recipes in it that I am sure you will enjoy as much as I do. Thank you and enjoy your meal and your day.

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